

## SmartSet: PEDIATRIC SURGERY - APPENDICITIS DISCHARGE COMPLICATED (ID:1189)

### General Information

**Display name:** PEDIATRIC SURGERY - APPENDICITIS DISCHARGE COMPLICATED

**Type:** General

**Merge priority:** 0

**Version comment:**

**Content source:**

**Synonyms:** 1. IP

**SmartSet notes:**

**Description:**

### Web information:

	Title	URL
1.	Appendicitis Algorithm	<a href="http://portal2/sites/coex/clinical-qlty-excellence/clinical-qlty-effectiveness/Clinical%20Care%20Guidelines%20in%20Practice/Appendicitis/Appendicitis%20Algorithm%20FINAL.pdf">http://portal2/sites/coex/clinical-qlty-excellence/clinical-qlty-effectiveness/Clinical%20Care%20Guidelines%20in%20Practice/Appendicitis/Appendicitis%20Algorithm%20FINAL.pdf</a>

**Questionnaire:**

### Configuration

#### Discharge Prescriptions

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##### Pain

- acetaminophen (TYLENOL) 325 mg tablet 30 tablet, 0, OTC
- acetaminophen (TYLENOL) 160 mg/5 mL suspension 0, OTC
- ibuprofen (MOTRIN) 200 mg tablet 30 tablet, 0, OTC
- ibuprofen (MOTRIN) 100 mg/5 mL suspension 0, OTC

##### Antibiotics

- |                          |  |        |
|--------------------------|--|--------|
| <input type="checkbox"/> | amoxicillin-clavulanate (AUGMENTIN) 400-57 mg/5 mL suspension                      | Normal |
| <input type="checkbox"/> | amoxicillin-clavulanate (AUGMENTIN) 875-125 mg tablet - patient greater than 40 kg | Normal |

### **Antibiotics - PCN Allergic**

- |                          |   |           |
|--------------------------|---|-----------|
| <input type="checkbox"/> | ciprofloxacin (CIPRO) 500 mg/5 mL suspension                      | Normal    |
| <input type="checkbox"/> | ciprofloxacin (CIPRO) 500 mg tablet - patient greater than 40 kg  | 0, Normal |
| <input type="checkbox"/> | metronidazole (FLAGYL) 50 mg/mL suspension                        | 0, Normal |
| <input type="checkbox"/> | metronidazole (FLAGYL) 500 mg tablet - patient greater than 50 kg | 0, Normal |

## **Discharge Diet/Instructions**

### **Discharge Diet**

- |                                     |                               |   |
|-------------------------------------|-------------------------------|---|
| <input checked="" type="checkbox"/> | DISCHARGE DIET - Appendicitis | Your child will be able to eat and drink normally, there are no dietary restrictions following surgery. You should encourage your child to drink fluids frequently. |
|-------------------------------------|-------------------------------|---|

### **Discharge Instructions**

- |                                     |   |  |
|-------------------------------------|---|--|
| <input checked="" type="checkbox"/> | DISCHARGE ACTIVITY - Appendicitis Complicated | <p>Your child can participate in activities as tolerated. Your child is able, and should be encouraged to walk and climb stairs.</p> <p>If an activity causes increased pain, your child should stop the activity.</p> <p>For 2 weeks after surgery: DO NOT participate in sports, gym, recess, swimming or strenuous physical activities.</p> <p>Discourage wearing heavy backpacks or heavy lifting. No more than 10 pounds.</p> <p>Return to School: Your child may return to school in about 1 to 2 days, after their surgery.</p> <p>Having your child go back for half days are ok (usually just for the first 2 days).</p> <p>Your child may require additional time between classes to transport supplies from their locker for 1 week.</p> <p>Your nurse at discharge will provide a return to school letter with the necessary restrictions.</p> |
|-------------------------------------|---|--|

DISCHARGE WOUND CARE - Appendicitis  
Complicated

- Your nurse will provide and review the wound care instruction sheet.
- Use good hand washing practices.
- Monitor your child's wounds for redness or drainage.
- A brief shower may be taken after 1 day, and a bath after 7 days.
- The incision sites may get wet, but do not scrub your child's wounds.
- Wash the wounds with water and antibacterial soap in the shower every day, then pat dry. Steri-strips (paper tape) or dermabond (skin glue) if those have been applied to your child's wound should remain in place until follow-up in clinic - do not apply lotions to paper tape or skin glue. They typically fall off on their own in 7-10 days.

DISCHARGE INSTRUCTIONS - Follow-up

Normal, Normal, Routine, When to call us:

- Fever over 101.5° F (38.5° Celsius)
- Vomiting
- Worsening or uncontrolled abdominal pain
- Abdominal bloating (distention)
- Unable to eat or drink
- Redness or drainage to wounds
- Decreased urine output
- Any additional questions or concerns

Follow-up:

- If an appointment was not scheduled before you left the hospital, please call 312-227-4210 from 8:30 AM to 4:30 PM to make an appointment in the Pediatric Surgery clinic in 2 weeks. The clinic is located at Ann & Robert H. Lurie Children's Hospital of Chicago, 225 E. Chicago Ave. Chicago, IL 60611 on the 7th floor.

- Follow-up with Pediatrician as desired. You should resume well-child care with pediatrician.

- If there are any concerns in the meantime, please call Lurie Children's:

- o Pediatric Surgery office at 312-227-4210 (Hours are 8:30am - 4:30pm, Monday - Friday)

- o Main number at 312-227-4000, and ask to page the Pediatric Surgery Resident or APP on-call (after 5:00pm, holidays, or on weekends)

DISCHARGE INSTRUCTIONS - Pain

Normal, Normal, Routine, o Give your child Tylenol (acetaminophen) every 6 hours as needed; and Motrin (ibuprofen/Advil) every 6 hours as needed. Do not give them at the same time.

- o These medicines should be taken with food as they can cause stomach upset.

## Discharge Criteria/Orders

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### Discharge Criteria/Orders

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> DISCONTINUE IV                                | Routine, PER PROTOCOL, Remove IV prior to discharge once discharge criteria are met.   |
| <input checked="" type="checkbox"/> DISCHARGE CRITERIA - Appendicitis Complicated | Discharge Criteria are: tolerating fluids (6 oz fluids by 4 hrs), voiding (0.5 - 1 mL/kg/hr), ambulating in hallway, pain controlled, non-distended abdomen, tolerating PO without emesis, manageable nausea, afebrile (<38°C) |
| <input checked="" type="checkbox"/> DISCHARGE FROM UNIT                           | Discharge at 12:00 AM  |

## Care Companion Enrollment

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### Care Companion Orders

- |  |  |
|--|--|
| <input checked="" type="checkbox"/> Enroll patient in Post-op Appendicitis Care Plan | Is the patient willing to use a smartphone for remote monitoring via the MyChart app? Yes<br>After how many days would you like to receive notification of this patient's flowsheet entries? |
| <input type="checkbox"/> MyChart fitness device flowsheet                            |  |

## Criteria

### Suggestions:

### Filter:

Restrict SmartSet:

## Settings

### Discontinue action:

Deselect sections for Pended/Held orders:

### Pended/Held orders display:

Release date: Use System Definitions Setting

Disallow user override: