

Pain Management Peds (Order checked by default):

The best way to control your child's pain after surgery is with over-the-counter pain medicine. Over-the-counter medicines are Tylenol (acetaminophen) or Motrin (ibuprofen).

- Do NOT give Motrin to children under 6 months of age or if your child's doctor has told you not to.
- Do NOT give any medications in higher amounts or more frequently than instructed.

For the first 48 hours after surgery, over-the-counter pain medicine should be given around-the clock. Around-the-clock means your child will take the medicine on a set schedule, not only as needed.

For a child age 6 months or younger: Give Tylenol every 6 hours when your child is awake.

For a child older than 6 months of age: Switch between giving Tylenol and Motrin every 3 hours when your child is awake like this:

- Start with a dose of Tylenol
- 3 hours later give a dose of Motrin
- 3 hours after taking the Motrin give another dose of Tylenol (This will be 6 hours after the last dose of Tylenol)
- 3 hours after give a dose of Motrin (This will be 6 hours after the last dose of Motrin)

More information for non-drug options for pain and comfort can be found at:

<http://www.med.umich.edu/1libr/PedSurgery/NonDrugPainOptions.pdf>

Pain Control – Opioids (Order should be checked if opioid is prescribed):

If your child gets a prescription for an opioid pain medicine such as Oxycodone, it is for break-through pain only. Break-through pain means pain that is not controlled by around-the-clock Tylenol and Motrin. If your child needs a dose of opioid medicine for breakthrough pain, still give the over-the-counter medicines on schedule.

Opioids are strong medicines that give good pain relief, but may cause harm. More information for safe use of opioids in children can be found at:

<http://www.med.umich.edu/1libr/PedSurgery/PlasticSurgeryPostopPain.pdf>

Constipation (Checked by default):

Constipation is common after surgery. If your child is taking oxycodone regularly (at least once a day), they should also take an over-the-counter stool softener such as Miralax (polyethylene glycol) according to dosing instructions to avoid constipation. This is available at your local pharmacy.

What to Expect (Checked by default):

You can expect your child to have some pain after surgery. This is normal. The pain is typically worse the day after surgery, and quickly begins to get better.

Non-Opioids (Tylenol checked by default, Ibuprofen must select):

▼ Discharge Medications - Post Discharge

▼ Pain Medication

Acetaminophen

acetaminophen 160 mg/5 mL suspension

Take 5.6 mL (179.2 mg) by mouth every six hours for 10 days., Disp-224 mL, R-0, Normal

acetaminophen 325 mg tablet -15 mg/kg Q6H

acetaminophen 160 mg/5 mL suspension - 10 mg/kg Q4H

acetaminophen 325 mg tablet - 10 mg/kg Q4H

Contraindicated - no prescription provided

 Ibuprofen

ibuprofen 100 mg/5 mL suspension - 10 mg/kg Q6H

ibuprofen 200 mg tablet - 10 mg/kg Q6H

Contraindicated - no prescription provided

Max dose for Tylenol q6h 650mg, q4h 500mg

Max dose for ibuprofen q6h 600mg